

Mom's Meatloaf

1 1/2 to 2 lbs. hamburger meat

1 red onion... chopped

1/2 bell pepper.. chopped

1 can tomato sauce

3 eggs

4 slices american sliced cheese

folded over and cut into chunks

and

8 slices white bread crumbled up

Mix well all ingredients together in a bowl
and add garlic salt and pepper.

Place meatloaf in a medium size pan and
shape into a loaf...about 4-5 "
thick and long...Cook on 350 degrees about

1 hour but check for juices to run clear...times can vary....when it looks done pull it out of the oven and pour off all juices....Heat in a saucepan 1 can cream of mushroom soup and 1/2 can milk.....pour over the top of the meatloaf and return to the oven for another 10 minutes...**You can sprinkle some cheese on top if you so desire and a few green onions..cut diagonally** just to make it pretty..

Mashed potatoes are good when you spoon some of the gravy over the top...Yumm